## PSHE YEAR 2 - Autumn 2 Health and Well-being



## **Growing and changing**

- To recognise what they are good at and set simple goals.
- o To identify how they are growing, changing and becoming more independent.
- To learn the correct names for the main parts of the body of boys and girls, including external genitalia.

## **Keeping safe**

 To know how to keep safe in different situations and how to ask for help if they are worried about something. o To understand privacy in different contexts.

## **Vocabulary**

- strengths
- privacy
- goals